



Children's Chimes Start in September

The children's chime choir begins on September 20th.

Rehearsals are held at 9:30 AM on Sunday mornings. Children from grades 2 through 6 are welcome to join this musical group. See Gayla Lonsbery to register.

Prayer List

Please hold in prayer: in hospital: Eli Sturman (nephew of Duffy & Susan Exon). *In convalescent care:* Marion Holsteen, Billie Spencer, Norma Montigel, Betty Byrnes, Natta Lea McCormack, Eleanor Rayner, Howard Nolan, Ruby Gregory, Helen Richardson. *In need of prayer for health and support:* Dorothy Barnekow, Barbara Spencer, Claude & Micheline Scoggins, Jean Mooney, Myra Williams, Martha Devine, Susan Shuckett, David Sturman, Lynn Roberts, Debbie Boone, Lorraine Armata, Larry Topham, Pat Beals, Joleen Ramen and Leonard & Emily Shaw.

Our condolences to family and friends of Ardyth Stolzy who passed away Sunday, August 23.

The Messenger



First United Methodist Church of Riverside

4845 Brockton Avenue, Riverside, CA 92506

Volume 48 No. 9 September 6, 2009

FAITH WORKS

Health Notes:

There are a couple of very important health issues before us that I would like to talk about.

The first is the H1N1 (Swine Flu) virus. Expect to see a lot of H1N1 in this year's flu season. It is not an end of the world scenario, but rather a serious flu that will probably be stronger than the normal seasonal flu. Here are some ways we can support each other:

Wash your hands frequently.

Stay home when you are sick.

If you have to cough or sneeze, cover your mouth with the inside of your elbow.

Encourage people you know to do the same, and to cover for each other so that people can stay home when contagious.

Seek medical help, especially if you have complicating conditions like breathing problems.

Follow your doctor's advice for shots.

The second is not a political issue, but a health issue—end-of-life counseling.

In the last couple of years my extended family has sought end-of-life counseling for my father, Lorena's father, my uncle, her aunt, and my cousin's boyfriend. This is a good thing. It covers questions like how aggressively a person who is dying wants to be treated. My father chose not to receive dialysis when it would only prolong his life for a couple of days. My cousin's boyfriend chose a very aggressive treatment schedule. You may be in that place where you need to talk about end-of-life care for yourself or a loved one. If you do, then end-of-life counseling is a good thing.

Unfortunately, this kind of counseling has become a political bombshell. Let's take it back out of the political arena and talk about the loving care of ourselves and others.

Pastor Brian

Articles for the next *Messenger* (issue date October 4, 2009) must be in the church office no later than **Wed., September 23**. Thank you!



First United Methodist Church of Riverside

4845 Brockton Avenue
Riverside, CA 92506-0134

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Here we are with another busy month ahead. It was nice to have a quieter month in August; I knew it wouldn't last!

There are many new classes beginning this month. Pastor Brian will lead two 5-week book studies, *Enough: Discovering Joy Through Simplicity and Generosity*, Sunday morning September 13 at 8:45 AM and Wednesday, September 16 at 7:00 PM. Peter Brabant will be leading the Disciple Bible Study, a 9-month intensive study. This is worth your time and energy. I participated in this class several years ago and I encourage your participation.

And I will offer another *Sisters Bible Study*, *Three Simple Rules* by Rueben Job. Our parenting class will resume September 13. Check the office for details on all these classes. My class, *Coffee, Calories and Conversation*, will continue in the Adult Lounge each Sunday morning at 8:45 AM.

Children and Youth classes will continue to meet as usual. Sunday School for children will be as follows: Preschool children will meet in the Nursery; grades 1, 2, and 3 upstairs; and grades 4, 5, and 6 also upstairs in the Education Building. Youth classes meet in the Youth Room.

Church School meets after the Children's time in worship. Preschool meets in Club Ark, and Grades 1-4 upstairs in the Education Building.

Children's Hand Chimes will resume on September 20 at 9:30 AM in the Youth room and is open to children grades 2-6. Contact Gayla Lonsbery.

United Methodist Women

Handcrafters meet in the Asbury Room Wednesdays at 9:30 AM. All handcrafters are welcome.

Wednesday, September 9: Executive Committee, Mary's Kitchen, 9:30 AM

Monday, September 14: Almond / Wesleyan Branch Potluck, Mary's Kitchen, 12:00 PM

Wednesday, September 16: Unit Meeting, Koinonia, 10:00 AM. Coffee will be served. Election of 2010 officers. Program to be announced. All women of the church, friends and neighbors are welcome.

Saturday, September 26: Riverside District Annual Fall Meeting, Temecula UMC.

Tuesday, September 29: Citrus Branch, Adult Lounge, 7:00 PM.

Looking Ahead

Saturday, October 24: CPAC UMW Annual Meeting, Westwood (LA) UMC

Saturday, November 7: Holidays Bazaar

United Methodist Men

Our September 13 program will spotlight health issues and a behind-the-scenes look at Riverside Community Hospital. Our speaker will be Susan Page, Director of Lab Administration. If there are special areas of interest, send your questions to Berkley Kaufhold, program coordinator, or leave them in the office.

I will be away on vacation September 9-23, returning to the office on September 24. See you then.

Pastor Sheila



Mission Moments from UMW

Juana Arroyo, an indigenous woman in El Bananal in the Chaco region of Argentina, cooks while her grandson Fernando looks on. In a project supported by the United Methodist Committee on Relief, Church World Service works here and in other communities throughout Chaco supporting local efforts to improve the quality of life and empower indigenous communities to protect the region's natural resources from exploitation by outsiders. *Excerpt from the United Methodist PRAYER CALENDAR 2008. Submitted by Peggy Ramsay, Mission Coordinator for Education and Interpretation.*

Sanctuary Care Volunteers Needed
September or October
November or December
Contact Manette Tomlinson, 683-2177



Mary Lou Kerrick	1
Lillian Popko	1
James Johnson	2
Shirley Parks	2
Micheline Scoggins	2
Pam Ferré	3
Norma Nelson	3
Shirley Byron	6
Stephanie Wilson	7
Matt Gorder	8
Steve Walker	9
Beverly DeFrance	11
James Cooper	14
Nan Mooring	17
Karen Hubbard	18
Susan Straight	19
Sawyer van Os	19
Gabriel Knight	20
Susan Tomlinson	21
George Otto	22
Sabrina Gilbert	24
Irene Darton	26
Faith Ruddell	29

Upcoming Faith & Fellowship Happenings

September 20

60th Year FUMPS Reunion

October 4

International Potluck

October 25

Halloween Hop

On September 20, Faith & Fellowship will co-host the 60th Year FUMPS Reunion. Help us spread the word! Our goal is to contact as many former preschool families, teachers and employees as possible to join us in our celebration. Following worship we will have food, activities to enjoy, and a time to share memories with each other.

Last year we celebrated World Communion Sunday with an International Potluck. On October 4 we will do it again! FUMCOR is blessed with people of multiple cultures who can share their culinary delights following our worship service. Watch for a sign-up poster to let us know what your country is and what dish you will share. This will help us with set-up and decorating.

Want to be a part of a fun group? Consider becoming a member of the Faith & Fellowship Committee. See any of the following members to learn more about us: Pat Beals, Lisa Laird, Cecilia van Os, Ruth Walker, Kelly Weakly, Barbara Jo Wilson or Pastor Sheila.

Aldersgate Chorale



Begins rehearsals for
Sunday worship services
September 10
6:00 PM in Mary's Kitchen
for a light supper
7:00 PM in the Music Room
for rehearsal
Please come and join us!

Builders

Builders are back the second Friday of each month.

We'll begin with our September **Ice Cream Social**, with fun and games led by Bill McInroe.

See you September 11, 6:30 PM in Fellowship Hall.

Sisters Bible Study



Beginning September 30, *Sisters* will meet again for Wednesday evening study from 7:00 - 8:30 PM, in the Adult Lounge. Pastor Sheila will lead a 6-week study of *Three Simple Rules* by Rueben Job.

This best-seller offers a fresh interpretation of John Wesley's three "General Rules" for 21st-century Christians contrasting the complexities of today's culture with the heart of Wesleyan simplicity:

1. Do no harm.
2. Do good.
3. Stay in love with God.

I would like to sign up for the *Sisters* Bible Study class *Three Simple Rules*. I enclose \$5.00 for the study book.

Name _____

Contact Phone Number: _____

Meals on Wheels Fundraiser

"A Night at the Theater"

Thursday, September 17, 6:00 PM

Featuring the Community Players production of *4 Beekman*, a comedy set in Manhattan. Before the play there will be wine, hors d'oeuvres, music and a Silent Auction.

Tickets are \$35. Pat Williams will sell tickets on the patio after church September 6 and 13, or call her at home, 683-6892.

It will be an even more delightful evening if you are there!

Pancake Brunch—September 6

Thanks to all your support, and donations from pancake brunches, many camperships were funded for Summer Camp and the Mexico Mission Project this summer.

Now it's time to think about the summer of 2010. On September 6 (Labor Day weekend), the Youth programs will serve a Pancake Brunch. Plan on staying after worship for delicious pancakes, scrambled eggs, hash browns and sausage. All donations will support the Youth Campership Fund.

New Group Meetings at FUMCOR

We are beginning several new groups to support your life in Jesus Christ:

Young Adult Fellowship – after-church lunches (cheap lunches); text Val Weise at 217-6205 for contact info.

Disciple Bible Study – an intensive 9-month study led by Peter Brabant. Plan on 40 minutes per day of study plus a 90-minute meeting weekly. This is a rewarding study if you are ready for the daily work needed to learn the Word of God.

Covenant Discipleship Group – ongoing, one hour per week. Pastor Brian Kent is helping to lead a 3-day conference workshop at Holman United Methodist Church called “A Wesleyan Way of Living Today”. This will teach you about Covenant Discipleship Groups. These are weekly support meetings where we hold each other accountable for following Christ and living out that life in the world.

Book Study: “Enough: Discovering Joy Through Simplicity and Generosity.” This is a 5-week study. It is for us as individuals and as a church to become free of the urgency of endless buying and gathering. Two sessions will be offered: Adult Sunday School – beginning September 13, and Wednesday 7:00 PM – beginning September 16.

SEE REGISTRATION FORM IN SUNDAY BULLETIN
or CALL THE CHURCH OFFICE

The ministers of this church are its members. Assisting them are Bishop Mary Ann Swenson, District Superintendent Bau Dang, and the church staff: Sr Pastor, Brian C. Kent; Assoc. Pastor, Sheila M. Kane; Youth Director, Val Weise; Aldersgate Director, Alice Wymer; Organist, Marc Longlois; Bell Choir Director, Gayla Lonsbery; Office Manager, Barbara Lee Bush; Secretary/ Receptionist, Laurie Williams; Sunday School Superintendent, Barbara Jo Wilson; Preschool Director, Lee Ann Salmon.

60-Year Reunion

Come help us celebrate
First United Methodist Preschool's
60-Year Reunion
Sunday, September 20, after church.

Lunch
Cake
Fun
Fellowship
Games
Reminiscing.

All alumni are invited.
If you can help, call Lee Ann at 788-4348.
See you there!

SEPTEMBER

		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SUNDAY	MONDAY	1 8:30 am Messenger Volunteers—Mary's Kitchen 10:00 am Bible Study—Koinonia 11:00 am Staff Meeting—CR The church office is closed during staff meeting. 7:00 pm Bells—Mary's Kitchen 7:00 pm SPRC—CR	2 9:30 am Handcrafters—Asbury 6:00 pm Sit-n-Sew Quilters—Mary's Kitchen	3 6:30 am Men's Prayer Breakfast—Mary's Kitchen	4	5
6 8:45 am Sunday School for All Ages 10:00 am Worship & Communion —S 11:15 am Pancake Brunch—FH 5:00 pm Covenant Group—Adult Lounge 6:00 pm UMYF—YC	7 LABOR DAY The church office is closed	8 10:00 am Bible Study—Koinonia 11:00 am Staff Meeting—CR The church office is closed during staff meeting. 7:00 pm Bells—Mary's Kitchen	9 9:30 am Handcrafters—Asbury 9:30 am UMW Executive Committee—Mary's Kitchen	10 6:30 am Men's Prayer Breakfast—Mary's Kitchen 6:00 pm Choir Party—Mary's Kitchen 7:00 pm Choir Rehearsal—MR	11 6:30 pm Builders—Fellowship Hall	12
13 7:00 am UM Men—Fellowship Hall 8:45 am Sunday School for All Ages 10:00 am Worship —Sanctuary 11:15 am Evangelism/Discipleship—Adult Lounge 5:00 pm Covenant Group—Adult Lounge 6:00 pm UMYF—YC	14 12:00 pm Almond/Wesleyan Potluck—Mary's Kitchen 7:00 pm Faith & Fellowship—Barbara Jo Wilson's home 7:00 pm Trustees—Mary's Kitchen 7:00 pm Worship Committee—Adult Lounge	15 10:00 am Bible Study—Koinonia 11:00 am Staff Meeting—CR The church office is closed during staff meeting. 5:00 pm Finance—CR 7:00 pm Bells—Mary's Kitchen	16 10:00 am UMW Unit Meeting—Koinonia 7:00 pm Book Study "Enough"—Mary's Kitchen	17 6:30 am Men's Prayer Breakfast—Mary's Kitchen 7:00 pm Choir Rehearsal—MR	18	19
20 8:45 am Sunday School for All Ages 10:00 am Worship —Sanctuary 11:15 am Friendship Sunday Preschool 60th Reunion 11:15 am Church&Soc/Missions—Adult Lounge 5:00 pm Covenant Group—Adult Lounge 6:00 pm UMYF—YC	21 7:00 pm Christian Education—Mary's Kitchen	22 10:00 am Bible Study—Koinonia 11:00 am Staff Meeting—CR The church office is closed during staff meeting. 7:00 pm Bells—Mary's Kitchen	23 9:30 am Handcrafters—Asbury 7:00 pm Book Study "Enough"—Mary's Kitchen Deadline for <i>Messenger</i> articles	24 6:30 am Men's Prayer Breakfast—Mary's Kitchen 7:00 pm Choir Rehearsal—MR	25	26 Hunger Ministry District Youth Event
27 8:45 am Sunday School for All Ages 10:00 am Family Worship —S 11:15 am Magazine Swap—Patio 5:00 pm Covenant Group—AL 6:00 pm UMYF—YC	28 7:00 pm Church Council—Adult Lounge	29 9:00 am <i>Messenger</i> Volunteers—Mary's Kitchen 10:00 am Bible Study—Koinonia 11:00 am Staff Meeting—CR The church office is closed during staff meeting. 7:00 pm Bells—Mary's Kitchen 7:00 pm UMW Citrus Branch—Adult Lounge	30 9:30 am Handcrafters—Asbury 7:00 pm Book Study "Enough"—Mary's Kitchen 7:00 pm <i>Sisters</i> Bible Study—Adult Lounge	1 6:30 am Men's Prayer Breakfast—Mary's Kitchen 7:00 pm Choir Rehearsal—MR	2	3

October